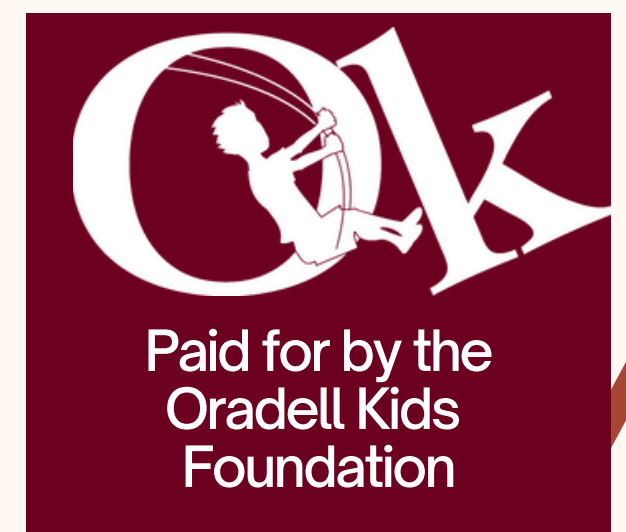


GOT GRIT DAY



OPS



WHAT IS GRIT?

Grit is a special quality that helps us keep going even when things are tough or don't go as planned. It's like having a superpower that helps to have the courage, determination, and perseverance to keep trying and never give up. It's about having a positive attitude, working hard, and believing in yourself to achieve your goals and dreams.

When you have grit, you stay determined and don't let challenges or setbacks stop you. You practice regularly, improve your skills, and see mistakes as opportunities to learn and grow. "Gritty" people embrace challenges, stay positive even when things don't go as planned, and believe in themselves.

WHAT IS GOT GRIT DAY?

"Got Grit Day" at OPS is a special event dedicated to promoting and celebrating the importance of grit among our students and faculty. It's a day for us to come together as a community to emphasize the qualities of determination, perseverance, and resilience.

During "Got Grit Day," The Grit Ninja Paramus will set up their Grit-on-th-Go course on the OPS backfield to encourage students to develop and showcase their grit. Parents and community members will read books with characters that use grit to look at problems as possibilities. Additionally, for the first time ever, students at OPS will be asked to vote for the theme for the 2023-34 school year.

**JUNE
15TH**

