

October 2020 Kindness Challenge!

Directions: You have been challenged to complete one act of kindness for every day in October! The next slide lists different acts of kindness to choose from. For each task you complete, write it on this calendar on the day you do it. When you have completed at least one task from each column for 5 days in a row, [email Ms. Mason](#) for a prize!

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4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

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Directions: You have been challenged to complete one act of kindness for every day in October! This slide lists different acts of kindness to choose from. For each task you complete, write it on the calendar (other page) on the day you do it. When you have completed at least one task from each column for 5 days in a row, email Ms. Mason (MasonR@oradellschool.org) for a prize!

Column A: Easy Peasy, Nice & Easy!	Column B: From the Heart	Column C: Kindness Rock Star!
Smile at someone today.	Tape change to a parking meter.	Do yard work for a neighbor.
Tell a friend a joke.	Help a classmate with his/her work.	Volunteer at a soup kitchen, animal shelter, or other organization.
Make your mom or dad smile.	Do your sibling's chores.	Donate toys to those in need.
Hold the door for the person behind you.	Rake the leaves in your yard.	Prepare a meal for your family.
Compliment someone.	Leave a thank-you note for the mail carrier.	Leave a kind note on a stranger's car.
Hug a family member.	Write a thank-you note to your teacher.	Donate clothes to those in need.
Say "I love you" to someone you love.	Clean up after yourself all day.	Paint a pumpkin for a friend.
Let someone go before you in line.	Share your Halloween candy.	Donate books to the library.