

# *Inhale Confidence Exhale Doubt*

## *Donations Needed*

Girl Scout Gold Award Project:

My name is Briana Picinich and I am a Girl Scout Ambassador in the process of completing my Gold Award. My project educated girls in 4<sup>th</sup>-6<sup>th</sup> grade on the importance of a positive self-image and strengthening one's inner confidence. My project consists of two parts:

- Hosting a 6-session program to educate and provide activities for the girls
- Collecting feminine products for Helping Hearts & Handbags

Corresponding with my confidence theme, I have chosen Helping Hearts & Handbags. This non-profit organization is dedicated to the mission of collecting gently-used purses, filling them with personal care items, and distributing them to homeless women living on the streets or in shelters.

**Helping Hearts &  
Handbags Wishlist:**

**Feminine Pads**

**Tampons**

These everyday items are essential in helping women feel confident.

All donations are greatly appreciated!

**Donations can be dropped off:  
254 Camden Street, Oradell  
(Bin will be on porch: 11/28-12/5)**

If you have any questions, please contact [picinichb27@gmail.com](mailto:picinichb27@gmail.com)

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