



Do you love someone who is
struggling with the misuse
of alcohol or drugs?

CRAFT

The Community Reinforcement and Family Training (**CRAFT**) support group teaches a skill-based approach to building better communication with loved ones who have any kind of addiction.

TOPICS INCLUDE:

- Motivation: Setting positive goals
- Discussion of Family Dynamics: Identifying triggers and motivators
- Communication Training: Developing positive communication techniques
- Helping your loved one enter treatment services and engage in recovery
- Discussion of effective methods and available resources

Group books and materials provided.

Support group meetings are held at convenient locations in Bergen County and are also available online. Call **201-740-7069** for more information.

**This program is offered at no cost to the community with
funding from Women United in Philanthropy.**

For more information contact: **201-740-7069** | thecenter@cafsnj.org
www.tcadr.org