



Hackensack  
Meridian Health  
Hackensack University  
Medical Center

### Girl Scout Gold Award Project:

My name is *Rebecca Perez* and I am an Ambassador Girl Scout with the Girl Scouts of Northern NJ. I am in the process of completing my Gold Award leadership project hoping to raise asthma awareness in young athletes. As part of my project I will be doing a few things:

- Hosting a mini soccer tournament for girls and boys in grades 3-6.
- Collecting items to benefit the pediatric unit at Hackensack Meridian Health.

Asthma is a condition that shouldn't stop athletes from doing what they love! It didn't stop me!

Register to play at my event and learn about the signs and symptoms of asthma on and off the field that can affect you or your teammates or just come by and consider donating.

*Signup by using this address:*

<http://www.signupgenius.com/go/5080b4daba922a4fc1-kick> or search for *signup* by [rebeccaperez@yahoo.com](mailto:rebeccaperez@yahoo.com) on the site.



## Where: River Dell Regional High School Stadium

## When: October 7<sup>th</sup> 1-5 pm

### Donation List (new items only):

- |                 |                |
|-----------------|----------------|
| Crayons         | Model Magic    |
| Coloring Books  | Magazines      |
| Stickers        | Stress Balls   |
| Playdoh         | Slinkys        |
| Small Figures   | Sketch Books   |
| Puzzles         | Journals       |
| Markers         | Pens           |
| Books           | Activity Books |
| Sunglasses      | Nail Polish    |
| Rubber Duckies  | Lotion/Creams  |
| Colored Pencils | Rubik's Cubes  |

If you are interested in donating or have any questions, please contact me at:  
[rebeccaperez@yahoo.com](mailto:rebeccaperez@yahoo.com)