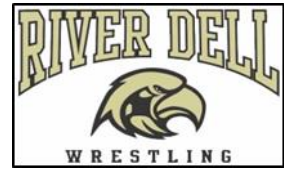


River Dell Junior Wrestling

2017-2018 Season Info and Registration

www.riverdelljuniorwrestling.com



River Dell Junior Wrestling is open to all children grades 1st - 8th who are River Edge or Oradell residents. There are NO tryouts, skill or experience requirements, or weight restrictions.

Regular Practices Start Tuesday November 14TH. Practices are held Tuesday and Thursday evenings at River Dell High School through February. Younger wrestlers practice from 6:00-7:30pm and older wrestlers practice from 7:30-9:00pm. **In November and December we have several Saturday morning practices,** schedule posted on our website.

1st Year Wrestling Introduction Practice – Tuesday, November 7th. This is only for 1st time wrestlers who have never wrestled. Held 6:00pm-7:30pm at River Dell High School. Important!

Scrimmages are held Saturday mornings or early evenings starting in January. Each wrestler is guaranteed one match each and is paired with a wrestler from another area team. Pairs are determined by similarity in age (no more than 2 years apart), weight (no more than a 10% differential), experience and skill level.

Tournaments are held Sundays. Typically each wrestler is eligible for four tournaments. Tournaments group by age divisions (Bantam: 7 & 8 yr olds, Novice: 9 & 10 yr olds, Junior: 11 & 12 yr olds, and Intermediate: 13 & 14 yr olds) and defined weight classes. **Experience and skill level are not part of the grouping for tournaments.** Wrestling in Saturday matches or Sunday tournaments is at the parent's discretion (i.e. optional).

Registration Fee Is \$130 Per Child and \$85 Each Additional Sibling. Fee includes t-shirt, team singlet (wrestling uniform returned at end of the season), Saturday Scrimmages, and Tournaments. Additional costs include wrestling shoes (approx. \$35) and headgear (approx. \$15), **you must purchase separately.**

Registration Is Now Open. Please register as soon as possible.

- **Every wrestler Must be registered at our website www.riverdelljuniorwrestling.com by November 1st.**
- Click the REGISTRATION link/tab found between SEASON SCHEDULE AND DUALS TEAM.

Wrestling shoes and headgear required for ALL practices, scrimmages, and tournaments

New Wrestlers Parent Meeting --- 6:15pm on Tuesday, November 14th

- An important meeting for parents of first time Wrestlers outside the High School Wrestling room. We'll have the meeting in a nearby classroom and all walk their together.
- If your child did not wrestle last year, please bring a copy of your child's birth certificate to this meeting.

For additional information or questions, please contact our President:
Josh Wagreich at 973-735-7355 or joshwagreich@gmail.com