

UNDERSTANDING ANXIETY IN KIDS

PRESENTED BY **Oradell SEPAC**
Working Hand in Hand to Support our
Special Education Community 

Matthew Goldfine, Ph.D., is a licensed clinical psychologist who works with children, adolescents, and young adults through private practices in New Jersey and New York.



In addition to the treatment of anxiety, mood, and disruptive behavior disorders, Dr. Goldfine specializes in early childhood intervention. He has extensive experience in parent training and helping families address common issues in young children, such as defiance, separation anxiety, and tantrums.

Dr. Goldfine is a member of the American Psychological Association and the Association for Behavioral and Cognitive Therapies. He has provided expert commentary to The New York Times, Women's Health Magazine, SELF Magazine, The Record, Oprah.com, and others. Learn more at www.drgoldfine.com.

Please join us for a special parent seminar about anxiety in children on Monday, Jan. 22, 2018 @ 7:30 p.m. in the OPS Library/IMC.

Dr. Goldfine will discuss how to recognize anxiety, typical versus atypical behaviors, and strategies to help children manage anxiety.

To submit anonymous questions for Dr. Goldfine in advance, please e-mail oradellsepac@gmail.com.

Learn more about the Oradell SEPAC at:
<http://oradellsepac.wixsite.com/oradellsepac>