



## **FSOBC Educational Series, Fall 2016**

Monday, September 26<sup>th</sup> (7:00-8:30pm)

**Topic: Positive Parenting: Core Principles to Modify Your Child's Behavior**

**Presenter:** AIM Positive, Mr. Scott Rossig, M.Ed, BCBA and Zach Ikkanda, M.S, Ed, BCABA

*\*Please register by Thursday, September 24<sup>th</sup> by phone or email below.*

Monday, October 24<sup>th</sup> (7:00-8:30pm)

**Topic: ADHD: Parenting Children with Attention Deficit and Hyper Active Behaviors**

Challenges associated with ADHD include poor school and academic performance, organization and completing tasks and difficulty with peer relationships. Parents can learn how to recognize symptoms, decrease disruptive behaviors and provide encouragement and support.

**Presenter:** Alan Koenig, LPC ADHD Program Coordinator,

West Bergen Mental Health, 201-485-7172.

*\*Please register by Thursday, October 22<sup>th</sup> by phone or email below.*

Monday, November 14<sup>th</sup> (7:00-8:30pm)

**Topic: Understanding Social Anxiety**

Challenges associated with social anxiety disorder may include poor school performance, low confidence in social situations, trouble developing and maintaining friendships, depression that could lead to alcohol and/or drug use. Parents can learn effective ways of nurturing and supporting their child's newly learn coping skills without enabling them.

**Presenter:** Wendy Levine, LAC Staff Therapist, West Bergen Mental Healthcare,

201-934-1160, [wlevine@westbergen.org](mailto:wlevine@westbergen.org)

*\*Please register by Thursday, November 10<sup>th</sup> by phone or email below.*

**\*All FSOBC programs are FREE to participants.**

**\*\*Adult supervision is provided for youth at least 5 years old while parents/caregivers participate in our Educational series.**

### LOCATION:

**Family Support Organization of Bergen County**

**0-108 29<sup>th</sup> Street, Fair Lawn, NJ 07401**

**Phone: 201-796-6209x 217 Fax: 201-796-1151**

**[ls@fsobergen.org](mailto:ls@fsobergen.org) Website: [www.fsobergen.org](http://www.fsobergen.org)**