

STUDENT MENTORS WANTED FOR PASCACK VALLEY NAVIGATORS PROGRAM

Modified Soccer, Basketball, Baseball, Track and

Therapeutic Hand Drumming for children with special needs.

Ages 5 through 21

Our goal is to teach the basic skills of each sport,

Encourage teamwork, exercise, socialize and have lots of fun!

Rutgers-certified parent-coaches facilitate the sessions, BUT...

**THE PLAYERS NEED ONE-ON-ONE GUIDANCE
FROM ENTHUSIASTIC STUDENT BUDDIES
TO HELP THEM SUCCEED!**

Help out with all of the sports, not just the ones you play.

You only need basic knowledge of the sport to be helpful!

Soccer: Saturdays	1-2:30PM	September - November
Basketball: Saturdays	1-2:30PM	January - February
Hand Drums: Sundays	12-1PM	January - March
Baseball: Saturdays	10:30AM -12PM	April - June
Track: Sundays	1-2:30PM	April - June

Youth mentors should be grades 6 through 12.

Mentors will earn community service hours by participating.

There is no commitment – volunteer as much as your schedule allows!

Sessions are between 60 - 90 minutes on Saturdays or Sundays

Contact: Mike and Lisa Lavitol at pascackvalleynavigators@gmail.com

Visit us: <https://sites.google.com/site/pascackvalleynavigators/home>

Thank you,

Mike and Lisa Lavitol
Director, Pascack Valley Navigators
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