



River Dell Lacrosse Association

Summer Programs

Summer Nights under the Lights!!!!

Keep up your lacrosse skills over the summer with:

Jess Rickershauser- Head Coach, River Dell Girls' Varsity Lacrosse

(with other RD coaches, players, and college players)

Monday Nights

June 19th through July 31st

6:30 pm to 8 pm

Doug Parcells Athletic Field, Oradell NJ

For girls rising grades 3rd through 8th

(Please register your player in the grade they will be in September 2017)

Evening will include:

7 v 7 "Summer League" coached scrimmages (**focus for 6th-8th grade**)

Drills and instruction on: fundamentals, transition skills, on & off ball offense/defense, and fun lacrosse games and competitions.

Raise your game this summer!

\$125.00 a player

Registration at <http://assn.la/Reg/?r=1:217150>

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