

From the desk of
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Dear Oradell Public School Community,

Hello! It is with great excitement that I introduce myself to you as OPS's leave-replacement school counselor! If my name and/or face seem familiar, it's because I have spent the last six months getting to know the staff and students of OPS as a lunch aide, and more recently as a volunteer school counselor. I have worked very hard thus far to keep your children safe, both physically and emotionally. This, of course, will be the cornerstone of my work as the school counselor as well.

While I have always been a helper by nature, my formal education in psychology and counseling began at James Madison University where I earned a Bachelor's Degree in Psychology. My studies continued at Caldwell College (now Caldwell University) where I earned a Master's Degree in Counseling Psychology, and William Paterson University where I completed the requirements for the NJ Standard Certificate as a school counselor. In addition, I am a Licensed Professional Counselor (LPC) in NJ, which means I have completed 4500 hours of counseling services under the supervision of an experienced therapist. All in all, I have been counseling for over 15 years.

My career has given me the humbling experience of helping people navigate and overcome a wide range of issues from depression and anxieties to school refusal and suicide prevention. I have worked with individuals, children, families, and couples on their journey through marital issues, custody issues, sibling discord, blending families, multi-cultural families, and adoptive families. I have conducted groups to improve social skills, teach coping skills and foster mentoring relationships, and I have lead lessons on such topics as internet safety, positive body image, cultural differences, career development, assertiveness, and bullying prevention.

It is my honor to bring my skills and experience to work for the students at OPS in continuing the progress made by Mrs. Bieber. I look forward to working closely with each of you to support your children in realizing their full potential. I can be reached at 201-261-1180, ext. 1129 or via email at masonr@oradellschool.org. Please feel free to contact me anytime!

Sincerely,

Rima A. Mason, MA, LPC