## EDUCATIONAL PARENT TRAINING SEMINAR

February 10, 2016 Two Training Programs Offered

9:00 a.m. to 12:00 pm or 6:00 pm to 9:00 pm

## Let's Talk About the Elephant In the



## DISCUSSIONS

## TOPICS

- **❖** How to begin the conversation about the difficult questions
- Child and adolescents pressures of today
- Anxiety
- \* Depression
- **❖** Self-harming behaviors
- \* Suicide
- **❖** Substance use



Registration is required. Please email Dorene Zacher at <a href="mailto:dzacher@newmilfordschools.org">dzacher@newmilfordschools.org</a>
by February 1, 2016. New Milford High School Auditorium