

Oradell SEPAC presents

KEEP CALM...

Please join us for the next meeting of the Oradell
Special Education Parent Advisory Council (SEPAC)

Monday, February 1, 2016

7 p.m. @ the Oradell Public School IMC / Library



AND PREPARE FOR PARCC

Parents will learn how to help children manage stress and prepare for success—on tests and in the classroom—during presentations from two special guest speakers. The meeting agenda will include:

- **Preparing for PARCC : What parents of children with special needs should know.** Brian Mistretta, Oradell's Director of Special Services, will discuss the PARCC test and OPS test scheduling, explain accommodations and modifications for students with IEPs and 504 plans, and share testing resources to help students prepare.
- **Managing stress and building success: Techniques to foster social, emotional, and academic progress.** Zensational Kids Founder Allison Morgan will discuss and demonstrate strategies to help children of all ages manage stress, while encouraging success in the classroom and beyond. She is a licensed occupational therapist and Registered Yoga Teacher who has extensive experience working with children with sensory processing disorders, learning and developmental disabilities, ADD/ADHD, Autistic Spectrum Disorders, and physical disabilities.

Allison consults with schools across the country and regularly presents seminars and training courses for therapists, teachers, school support staff, childcare center staff members, and parent support groups.



Please e-mail
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with questions or to learn
more about the Oradell SEPAC.