

Subject Line: It's Jump Rope For Heart/Hoops for Heart Time!

Get ready to save lives!

We kicked off our Jump Rope/Hoops For Heart program in P.E this week and our school's event is right around the corner! This is a fun and exciting event for our entire school as we work together to raise money for the American Heart Association and save lives!

Your students will be telling you about the Lifesaver puppies, so we wanted to fill you in! Each puppy teaches the kids a new way to protect their heart and avoid risk factors for heart disease and stroke. Your student can earn all 6!

If you raise \$5 your student will get Super Pup at school now. If that donation is made online, they will also get a second puppy, Ninja Star. Any student who reaches \$85 online will get Martia N. Mutley.

Need help raising donations? Here are some ideas to try!

You can sign up now by following these quick, easy steps to get started raising money and saving lives!

1. Go to www.heart.org/jump or www.heart.org/hoops
2. Choose our state and city.
3. Select our school and join team.
4. Login

You can also use the Jump/Hoops App to ask friends and family to support you! Follow the link below to download the App! It is super easy and fun!

Apple iOS - <https://itunes.apple.com/us/app/jump-hoops/id548389448?ls=1&mt=8>

Google iOS -

https://play.google.com/store/apps/details?id=com.aha_jump.android.communicat
[or](#)

Thank you so much for supporting our school and the American Heart Association. You are making a big difference! Thank you for being a Heart Hero!