

Oradell SEPAC presents

CONNECTING THE DOTS

HOW TO SUPPORT KIDS AT SCHOOL
AND HOME BY NURTURING
SOCIAL LEARNING AND
SELF-REGULATION OF EMOTIONS



Please join us for the next meeting of
the Oradell Special Education
Parent Advisory Council (SEPAC)
Monday, April 25, 2016, 7 p.m.
Oradell Public School IMC / Library

The meeting
agenda will
include:

- **7:00 p.m.:** Update on SEPAC projects / Old and new business.
- **7:20 p.m.:** "Connecting the Dots: Social Learning, Self-Regulation, and Home" by Social Cognitive Therapist / Consultant Arlene F. Rubin M.A., CCC-SLP. Ms. Rubin will discuss parent-friendly strategies from the Zones of Regulation®, Social Thinking®, and 360 Thinking™ curricula to help children manage emotions, impulses, and sensory needs. She will share techniques to help students become more aware of their emotions, and tools to encourage self-regulation according to social contexts. As Founder and Director of Teaneck-based Good Talking People, Ms. Rubin has developed numerous language-based programs to improve executive functioning, social thinking, and communication skills for children, teens, and adults.

Please e-mail oradellsepac@gmail.com
with questions or to learn more about the Oradell SEPAC.