



## **For Valley Program Parents & All Regional Parents**

**Come out and join us for this free and informative workshop**

### **Executive Functions Skills and Strategies – Grades K-12**

**Presented by: Sarah Ward, M.S. CCC-SLP**

This is a practical strategies presentation! You will gain a new understanding on how students demonstrate executive function skills and a new perspective on what is meant by the term “executive dysfunction”. Understand the relationship between motivation and executive control. Learn dozens of functional, ready-to-use strategies for teaching students how to develop the executive function skills. Teach students to:

- Develop a “memory for the future”
- To devise plans to achieve their goal, to use self-talk, to self-initiate, to transition to the next task of higher priority and to control their impulses to successfully complete a task.
- See and sense the passage of time, to accurately estimate how long tasks will take, to change and maintain their pace, plan ahead and carry out routines and tasks within allotted timeframes.
- Fresh approaches to help students develop automaticity for class routines and transitions.
- Manage their time and materials to successfully complete in class assignments, nightly homework and long term projects.
- Close the homework circle: new techniques for teaching students to record, bring home, complete and return assignments in a timely manner.

**DATE: Tuesday, March 10, 2015**

**Time: 7:00 – 9:00 p.m.**

**LOCATION: Tenakill Middle School Auditorium  
275 High Street, Closter**

Sarah Ward, M.S., CCC/SLP and Co-Director has over 15 years experience in diagnostic evaluations, treatment and case management of children, adolescents and adults with a wide range of developmental and acquired brain based learning difficulties and behavioral problems not limited to but including:

\*Attention Deficit Disorder \*Verbal Learning Disabilities \*Non-Verbal Learning Disabilities, \*Asperger Syndrome \*Other Social-Cognitive Learning Disabilities \*Traumatic Brain Injury \*Acquired Brain Injury

Her particular interest is in the assessment and treatment of executive function deficits. Sarah also provides consultation and expert witness testimony regarding the symptoms and functional presentation of deficits associated with brain based learning disabilities and the appropriateness of academic placement and treatment programs. She became a specialist in the assessment and rehabilitation of traumatic brain injury with an emphasis on the treatment of executive functions. She subsequently began to train graduate students in speech and language pathology, medical and special education professionals on the symptoms and treatment methods to improve the language, cognitive, executive function and social skills of brain based disorders.

**Please contact Barbara Masterson at [masterson@nvnet.org](mailto:masterson@nvnet.org) to RSVP no later than Monday, March 9, 2015 or contact her at 201-767-7224 ext. 2**

If you need special accommodations please contact Kathy Vuoncino at [Vuoncino@nvnet.org](mailto:Vuoncino@nvnet.org) or call 201-767-7224 ext. 6

Child Care is not available