

C.O.O.K.S.^{👨‍🍳}

CULTIVATING CHANGE

\$200



Let's learn how to cook!

The C.O.O.K.S. Cultivating Change course by EH Exchange™ will engage young changemakers in examining and discussing their personal perceptions about themselves, each other, and the Earth through food conversations, cooking/tasting activities, and journaling. Youths will be exposed to specific theme-related characters who tell their personal and family food stories while encouraging participants to reflect on their own personal stories. Come ready to chat, cook, and chew!

Jan 19 to Mar 8

Fridays from 4:30 PM - 6:30 PM

REGISTER NOW

For registration and more info: ce.bergen.edu
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