

WEEK of RESPECT October 2-6, 2023

The Anti-Bullying Bill of Rights Act marks the first week of October as the **Week of Respect** in **New Jersey**. At Oradell Public School, we use this week to reinforce messages about kindness and acceptance. An additional way to make this week special is to remember OPS's *Mission G.R.I.T.* We will focus on how to GROW, REFLECT, take INITIATIVE, and show TENACITY with activities and school spirit.



	Classroom Activity	Show Your Spirit By	Home Extension
MONDAY	Say Hello! Say hello to everyone in your classroom and anyone you pass in the hallway. This is a way to GROW your friendships. Making new friends and including others is a way to prevent bullying.	Wear Blue Blue represents peace and signifies the importance of National Bullying Prevention.	Talking about bullying can be challenging for parents. Read some parent tips from stopbullying.gov. Ask your child what they have learned about bullying prevention in school.
TUESDAY	REFLECT on how you say hello and make new friends. How do you build TEAM OPS? What can you do to include others and be kind? Work with partner(s) to create a panther greeting that OPS can use to say hello. Use this Flipgrid link to post your video.	Wear Shades or Sparkles (or anything reflective)	Use this template to make a Kindness Catcher with ideas on how to be kind. Or create your own Kindness Catcher. Write in ways to show respect and be kind.
WEDNESDAY	Take INITIATIVE and meet someone new. Classes will buddy up with another grade level to read picture books about kindness, respect, and including others. See the schedule for Buddy Classes. CHALLENGE ACTIVITY: Take the INITIATIVE to plan two more times to get together with your buddy class.	Wear OPS Gear	Use this LINK to listen to Mrs. Hawley read a book about friends. Use the THINK poster to talk about the power of our words (written or spoken) and how to make smart choices about what we say and don't say. FOR PARENTS: Your Words Matter Chart
THURSDAY	TENACITY means staying determined in the face of obstacles. Show your tenacity by completing a Kindness STEAM Kindness STEAM Challenge in	Be YOU Day! Wear something that represents you.	Try a STEAM challenge as a family. Follow these directions . Each time you complete the build, add an obstacle and try it again. Be TENACIOUS, don't give

	your classroom. K-6 Activity		up, and encourage each other. Share a picture of your challenge with us at weekofrespect@oradellschool.org
FRIDAY	Being kind and saying nice things to one another builds a positive community. Let's Chalk the Walk! Classes will write kind and inspirational words on the sidewalks of OPS. See the schedule for times and locations.	Be Bright Day! Wear bright colors, tie-dye, wacky hats, and crazy socks!	Being positive and inspiring to others builds community, makes people feel included, and can help prevent bullying. Use these resources at commonsense.org to talk to your children about social media and how to avoid and respond to harmful online behavior. OR Create a list of inspirational words at home. Write down things you have said to inspire others or that someone has said to you.

Additional Resources:

- <https://www.tolerance.org/classroom-resources/lessons>
- <https://sharemylesson.com/collections/social-and-emotional-learning-health>
- <https://www.edutopia.org/social-emotional-learning>
- <https://www.playworks.org/resource/twelve-games-to-teach-students-social-emotional-learning/>
- http://www.actforyouth.net/youth_development/professionals/sel/